

**JOSHI HOSPITAL MULTI SUPER SPECIALITY & TRAUMA CENTER**

# Arthroscopy Procedure

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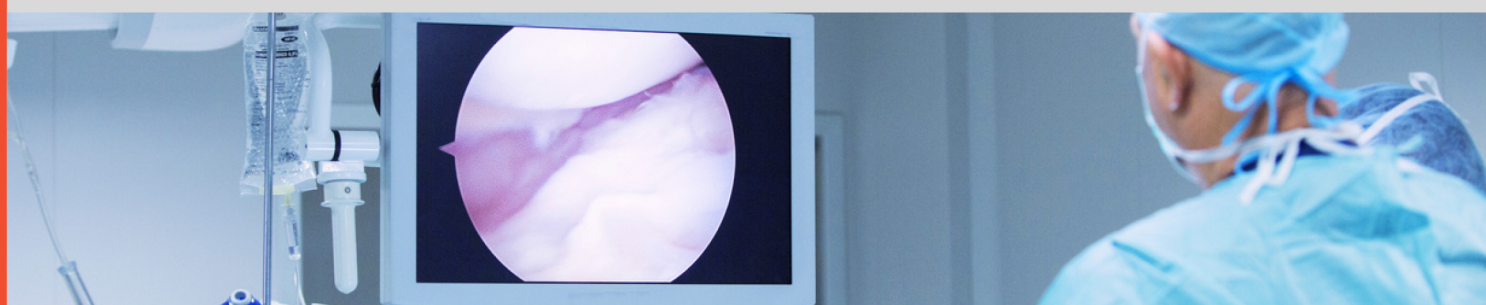
 **[www.joshihospital.co.in](http://www.joshihospital.co.in)**

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# Arthroscopy Procedures

## Diagnosis + Therapy

Arthroscopy is used for both the diagnosis of joint problems through direct observation of structures as well as a therapeutic role.



## From the historical archives



The first endoscopic device on record was invented by Philip Botzini (1773-1809) who, in 1806, presented his "Lichtleiter" in Vienna. This apparatus consisted of 2 simple tubes and a candle as a light source.

Professor Kenji Takagi (1888-1963) from Tokyo University is given credit for being the first person to apply the principles of endoscopy to a knee joint successfully.

## ARTHROSCOPIC PROCEDURES

Removing loose bone fragments

Fixing damaged or torn cartilage

Treating infections

Fixing torn ligaments

Fixing scarring within joints



## BENEFITS OF ARTHROSCOPY

Smaller incisions

Lesser soft tissue damage

Less post-operative morbidity

Fast healing time

### Tiny <1 cm Incisions

Done through a small incision, with the help of arthroscope.

## Indications

### Knee repair

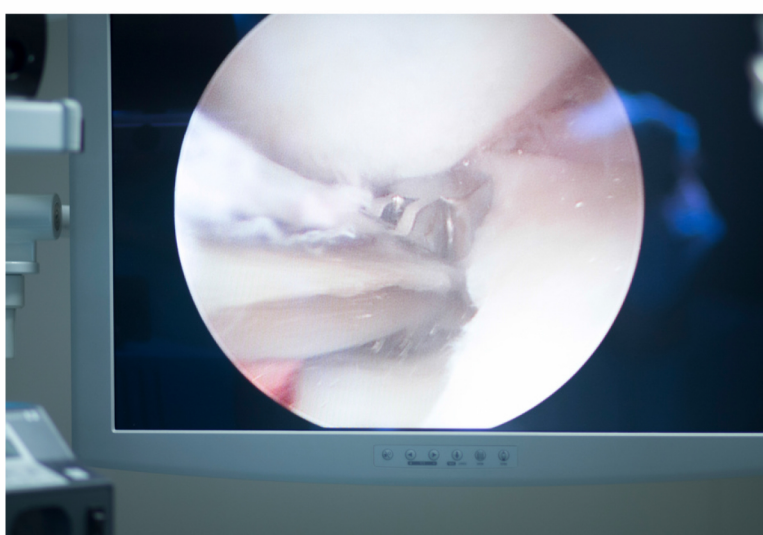
Menisci, Condyles & Ligament repairs

### Spine procedures

Fixing ligaments, Frozen shoulder

### Wrist & Elbow

Fixing ligaments, Loose body removal



## Post-surgical care aids faster recovery

Although arthroscopy has a short recovery period, it's important to take steps to ensure post-surgery safety and proper recovery.

A combination of medication, joint protection & physiotherapy is beneficial.

## SERVICES

- > Orthopaedics
- > Cardiology
- > Cardiac Surgery
- > Nephrology
- > Neurology
- > Gastroenterology
- > Gastric Surgery
- > Plastic Surgery
- > Skin & Cosmetology
- > General Surgery
- > General Medicine & Diabetic Care
- > Dental
- > Radiology
- > MRI, CT & Ultrasound Scan
- > ਹੱਡੀਆਂ ਅਤੇ ਜੋੜਾਂ ਦੇ ਰੋਗਾਂ ਦਾ ਇਲਾਜ
- > ਦਿਲ ਦੇ ਰੋਗਾਂ ਦਾ ਇਲਾਜ
- > ਕਾਰਡੀਐਕ ਸਰਜਰੀ
- > ਨੈਫਰੋਲੋਜੀ
- > ਨਿਊਰੋਲੋਜੀ
- > ਪੇਟ ਦੀਆਂ ਬਿਮਾਰੀਆਂ ਦਾ ਇਲਾਜ
- > ਗੈਸਟ੍ਰਿਕ ਸਰਜਰੀ
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## FACILITIES

- > 24x 7 Emergency
- > Accident Trauma ICU
- > Pain Management ICU
- > Critical Care ICU
- > Cardiac Care ICU
- > Stroke, Epilepsy ICU
- > Parkinson- Alzheimer's Clinic
- > Neuro & Spine Surgery
- > Kidney Care & Dialysis
- > Angiography, Angioplasty
- > Endoscopy & Liver Care
- > Arthroscopy & Rehabilitation
- > Cancer Care & Surgery
- > Plastic Surgery & Reimplantation
- > Oncosurgery
- > Physiotherapy
- > Laboratory | Blood Bank

## EMPANELMENTS

- > ECHS
- > CGHS
- > CAPF
- > PAP (POLICE SATKAR)
- > RCF
- > NHPC
- > FCI
- > HDFC ERGO
- > Bajaj Allianz
- > Ericson
- > FHPL
- > Go Digit
- > Genins India Insurance
- > Good Health
- > Health India
- > ICICI Prudential
- > MD India
- > Med Save
- > Medi Assist
- > Paramount
- > Reliance General Insurance
- > Aditya Birla Health Insurance
- > Heritage Insurance
- > ICICI Lombard
- > Park Mediclaim
- > Raksha
- > Niva Bupa/Max Bupa
- > Safeway TPA
- > SBI General Insurance
- > Star Health
- > Tata AIG
- > Universal Sompo
- > Vidal Insurance
- > Vipul Insurance

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